



Water Safety Sensory Sessions

www.messybubs.com

www.kidsalive.com.au

Adventures at the Farm - Toddler & Preschool

Kids Alive and Messy Bubs have joined forces to share water safety messages through unique sensory play experiences. There are many amazing benefits to multi-sensory play that lead to development of thought, intelligence and social skills. It is a wonderful way to create quality creative time for families and caregivers.

By combining this form of play with water safety messages we are creating a unique way to educate children under 5. Use the lesson plans to guide the activity and help expand the learning of little ones under your care. Everything can be adapted to suit your environment and resources available.

METHOD:

- ❖ Cook your spaghetti as packet describes and add green food colouring to the cooking water which will colour the spaghetti whilst cooking. Store in fridge.
- ❖ Add ½ cup of white chia seeds to a container, cover with water and a few drops of blue food colouring and mix. Place in the fridge overnight.
- ❖ Add 1 tbs of cocoa powder to 250g of cornflour, mix with 1 cup of water until the mixture becomes slimey.
- ❖ Decorate your tray into four fields at the farm (Weet-bix as your fencing) using each mixture.

YOU WILL NEED:

- ✓ Green Spaghetti
- ✓ Rice Bubbles
- ✓ Oobleck Mud
- ✓ Chia Seed Slime
- ✓ Kids Alive Do The Five Music
- ✓ Cornflour
- ✓ Weet-bix
- ✓ Bowls
- ✓ Farm Yard Toys



LEARNING OUTCOMES:

Encouraging toddlers and pre-schoolers to investigate and explore different textures by setting up an activity with varied textures will support them in trying new sensations.

The learning benefits are:

- ❖ Imaginative and creative play with a farm theme when using farm toys.
- ❖ Added tools such as safety scissors aids in fine motor development and encourages cutting skills when cutting soft spaghetti.
- ❖ Using tools with holes aids with scooping, pouring and the cause and effect of Oobleck when it starts as a solid and turns into a liquid.
- ❖ Language and communication can be used to promote the dangers of playing on a farm and what needs to be done to ensure children are safe from the dangers of water that can be located in waterholes, dams, animal troughs and water bowls.

Adult supervision required at all times.

Water Safety Messages

Create a safe play area for children on farms

Beware of dams, water troughs & tanks

Lakes, ponds, rivers and creeks are hazardous

Active adult supervision is vital

Learn CPR

Adventures at the Farm - Farm Play

Can you cut the spaghetti grass?

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Messy Bubs

